



T.C
SAĐLIK BİLİMLERİ ÜNİVERSİTESİ İZMİR
ŞEHİR HASTANESİ
ÖZGEÇMİŞ FORMU

A. KİŞİSEL BİLGİLER

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| A.1. | Adı soyadı: Ayşe ERGÜNER ARAL |
| A.2. | Yabancı dilbilgisi: İngilizce |
| A.3. | Görev yeri: İzmir Şehir Hastanesi Psikiyatri Anabilimdalı |
| A.4. | İletişim bilgileri: ayerguner@gmail.com |

B. EĐİTİM BİLGİLERİ

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| B.1. | Mezun olduđu üniversite/fakülte: Ondokuz Mayıs Üniversitesi Tıp Fakültesi |
| B.2. | Mezuniyet tarihi: 01.07.2016 |

C. İŞ TECRÜBESİNE AİT BİLGİLER

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| C.1. | 16.09.2016-2017 Canik Toplum Sađlığı Pratisyen Hekim 2017 Gazi Devlet Hastanesi Pratisyen Hekim 13.10.2017-2022 Ondokuz Mayıs Üniversitesi Tıp Fakültesi Ruh Sađlığı ve Hastalıkları Anabilim Dalı, Samsun Asistan Hekim 15.08.2022-11.10.2022 Tekirdađ Dr. İsmail Fehmi Cumalıođlu Şehir Hastanesi Uzman Hekim 25.10.2022-26.10.2023 Bozyaka Eğitim ve Araştırma Hastanesi Uzman Hekim 26.10.2023-31.03.2026 İzmir Şehir Hastanesi Uzman Hekim 31.03.26 – Halen İzmir Şehir SUAM Dr. Öğretim Üyesi |
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D. KLİNİK ARAŞTIRMALARLA İLGİLİ GENEL BİLGİLER

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| D.1. | 2019-2022 Dinamik Destekleyici Psikoterapi Eğitimi Sertifikalı Terapist 2020-2022 Bilişsel Davranışçı Psikoterapiler Temel Eğitim Sertifikalı 2020-2025 Cinsel Terapi Eğitimi Sertifikalı Terapist |
| D.2. | Araştırmacı olarak katılan klinik araştırmalar: <ol style="list-style-type: none">1. Aral, A. E., Sarisoy, G., & Aral, A. (2023). Cognitive distortions and perfectionism during bipolar and unipolar depressive episode. The Egyptian Journal of Neurology, Psychiatry and Neurosurgery, 59(1), 155. 2020-20222. Aral, A. E., & Erdogan, E. (2025). Frontotemporal Dementia Associated with Behavioral and Psychotic Symptoms: Case Series. İzmir Tıp Fakültesi Dergisi, 4(2), 58-62.3. Aral, A. E., Gerdan, G., Aral, A., & Erdogan, E. (2025). Self-Esteem and Symptom Severity in General Anxiety Disorder and Major Depressive Disorder: A Serial Mediation Model of Experiential Avoidance and Psychological Resilience. Archives of Neuropsychiatry, 63, 112. |



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10. Aral, A., Usta, M. B., & Erguner Aral, A. (2022). Factors associated with response to simple behavioral intervention in primary enuresis nocturna. *Bulletin of the Menninger Clinic*, 86(1), 67-89. 2022
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12. Bayad, S., Alp-Topbaş, Ö., Kocabaş, T., Elbir, M., Gökten-Ulusoy, D., Korkmaz, U., ... & Aydemir, Ö. (2021). Adaptation and the Psychometric Properties of Turkish version of the Structured Clinical Interview for the DSM-5-Personality Disorders-Clinician Version (SCID-5-PD/CV). *Turk Psikiyatri Dergisi*, 32(4), 267. 2021
13. Association of human endogenous retrovirus HERVK18 variant with bipolar disorder, Z.Yeğin, G.Sarisoy, H.Koç, A.ERGUNER ARAL, *Irish Journal of Medical Science* 2024
14. Aral, A., Gerdan, G., Aral, A. E., Colak, H. I., & Aktas, E. (2026). Predictors of parental stress in families of children with neurodevelopmental disabilities. *DUSUNEN ADAM*, 39(1), 33.
15. Ayse Erguner Aral, Esin Erdogan , SOCIODEMOGRAPHIC AND CLINICAL CHARACTERISTICS OF SCHIZOPHRENIA OR PSYCHOTIC DISORDER CASES REFERRED FOR INPATIENT TREATMENT FROM A COMMUNITY MENTAL HEALTH CENTER, <https://doi.org/10.5080/kes27.abs36>
16. Gizem GERDAN, Ayse ERGUNER ARAL, 0086 - Factors Associated with Suicide Attempts in Individuals with Major Depressive Disorder: A Preliminary Study, ICP 2025 CONGRESS BOOK OF ABSTRACTS, s (59-66).
17. Alperen Kanıvar, Ayse Erguner Aral, Esin Erdogan, Postpartum Psychosis Following Eclampsia: Early Follow-Up of a Case, 10.5080/kes27.abs108
18. Munise Dinçarslan, Ayse Erguner Aral, Esin Erdoğan, BIPOLAR DISORDER TYPE II DEPRESSIVE EPISODE AND ANOREXIA NERVOSA RESTRICTIVE TYPE COMORBIDITY: A CASE OF RECURRENT SUICIDE ATTEMPTS, <https://doi.org/10.5080/kes27.abs109>



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E. ÖZGEÇMİŞ SAHİBİNİN İMZASI

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| E.2. | Özgeçmiş Sahibi |
| E.2.1. | El yazısıyla adı soyadı: |
| E.2.2. | Tarih (gün/ay/yıl olarak): |
| E.2.3. | İmza: |